



New leadership awareness for successful managers

Leadership Mentoring

Holistic
Executive Mentoring

Neuroplastic Mental
Acceleration NMA

Leadership Trainings

Resilienz Mentoring
for Leaders

Mindset Mentoring
for Leaders

Authentic offer from experience

Mindtrain Leadership is based on years of leadership experience and in-depth personal experience. This is where tried-and-tested content meets best practices - exactly what managers need today.

We combine leadership with systemic personal and organisational development and complement this with modern approaches from neuroscience. Our approach is pragmatic, people-centred and gets to the heart of the matter.

*With existential leadership to economic success
and satisfied customers .With a pull effect for specialists.*





Impulses for conscious leaders

Leadership Mentoring

- Leadership Coaching Kick Basic 2h
- Leadership Coaching (Impuls 3x2h oder Premium 6x2h)
- Leadership Mentoring (Impuls 3 Monate, Premium 6 Monate, Platin 12 Monate)

Holistic Executive Mentoring

- Mentoring / sparring for board members
- Mentoring / sparring for managing directors
- Mentoring / sparring for C-level

Neuroplastic Mental Acceleration NMA

NEW!

Expanding the bandwidth and neuroplasticity of the brain, the fluid intelligence of leaders

- MindGYM Basic, Classic & Premium
- NMA Training

Leadership Trainings

- Self Leadership
- Existential Leadership
- Leader as Coach
- Leader as Conflict Manager
- Inhouse Leadership Programme

Resilience Mentoring for Leaders

For leaders affected or at risk of stress

- Resilience Coaching Kick Basic 2h
- Resilience coaching (Impulse 3x2h or Premium 6x2h or individual)

Mindset Mentoring for Leaders

Achieving sustainable success with a growth leadership mindset

- Mindset Mentoring Kick Basic 2h
- Mindset Mentoring (Impuls 3x2h or Premium 6x2h)

Flexible, modular development paths with Mindtrain.

