

First name, surname: _____



One of the biggest challenges in today's modern world of work is to keep up with rapid change. Technologies, methods and work processes are evolving at such a rapid pace.

It is increasingly demanding and complex to find your way in this fast-paced world as a managing director, leader and to deal with the pressure to change.

Where are you right now? In which areas are you well positioned and where do you want to prepare even better for the future?

This quick check helps you to reflect on yourself and your situation and to recognize your development potential. Fill in all areas. Be open and honest with yourself. The result is confidential, it serves above all for you for reflection. And as a basis for the next step.

Without thinking long, describe where you find yourself in the questions on the scale of 1 – 10. Where **1 = 'does not apply at all'** and **10 = 'fully applies'** means. Be honest with yourself. Then your development potential is clearly recognizable.

Joint analysis? Contact us at hallo@mindtrain.ch or +41 55 610 19 19.

Personal	1	2	3	4	5	6	7	8	9	10
I have a clear personal vision and orientation, I know what I want.										
What I do, who I am, makes sense to me.										
My role at work, in my private life is coherent for me.										
I am able to make clear, fast and fearless decisions.										
I'm really looking forward to a future with changes and new opportunities.										

Management	1	2	3	4	5	6	7	8	9	10
I feel that I am the right person in my position.										
I feel up to the management tasks in the future.										
Our management culture is geared towards the company's goal.										
We have successfully adjusted the leadership in the pandemic situation.										
The executives in our company are appreciated.										

Leadership Team	1	2	3	4	5	6	7	8	9	10
The distribution of tasks between the Board of Directors and the Board of Directors is clear.										
Our management team pursues a common vision / goal.										
The management primarily takes over the strategic leadership of the company.										
Our corporate decisions are based on current financial figures.										
The actions of the management are always focused on the customers / sense.										

Vision / Strategy	1	2	3	4	5	6	7	8	9	10
Our mission statement (vision, mission, culture) is clear and known to all employees.										
We always know what the needs of our core markets are.										
We talk about our vision/mission at least every 6 months.										
Our products/services meet customer needs.										
It is easy for us to make the right strategic decisions.										

Organization	1	2	3	4	5	6	7	8	9	10
The management functions are coordinated and aligned with our goal.										
Our organization is able to react quickly to changes.										
Our IT can accurately implement the required digitization.										
We know all our risks and protect ourselves from them.										
In the pandemic, we quickly found the new rhythm.										

Employees / Corporate Culture	1	2	3	4	5	6	7	8	9	10
The mood in our company is good.										
The employees enjoy working for us, our fluctuation is normal.										
We approach conflicts openly and goal-oriented .										
We know the right corporate culture for us and live it.										
Our employees can continue their education on a regular basis.										

Bless you	1	2	3	4	5	6	7	8	9	10
I feel fit, full of energy.										
I sleep well, my health is excellent.										
I eat healthy and balanced.										
I look to the future with confidence and motivation.										
I recover well and quickly.										