

*"Education is not the filling of barrels,  
but the ignition of flames."  
Heraklit*



**Lifelong Learning**

## Training programmes by Mindtrain

**Lifelong learning is a matter of course today.**

**Whether as a manager, in conquering new, sustainable business models or in transformations. We learn something new every day.**

Mindtrain training programmes cover the fields of leadership, conflict management and dealing with change.

**With Mindtrain you stay on the ball and develop yourself as a leader and as a person in a targeted manner. You remain agile and learn to utilise your potential and your tools correctly.**

Haven't found the training course you want? Together with our partners in the Mindtrain network, we'll find the right training programme for you.



**Offers from  
CHF 250.-**

**We make you shine**

hallo@mindtrain.ch / [www.mindtrain.ch](http://www.mindtrain.ch)



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### *Leadership*

Existential Leadership  
(1:1 or in groups)

Leadership Masterclass  
(1:1 or in groups)

Self Leadership  
(1:1 or in groups)

Leader asCoach  
(1:1 or in groups)

### *Conflict Management*

Conflict Management  
Basics (Self-study)

Conflict Management  
Basics (in group)

My personal  
conflict behaviour

Leader as  
Konflikt Manager

HR support in  
conflict situations

Challenging  
conflict situations

### *Transformation*

Personal behaviour  
in the change

Group dynamics in  
change processes

Customised Training  
Programmes

**Combinable development paths with Mindtrain**

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